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Regis University Highlander

a weekly publication



The Jesuit University of the Rockies

www.RegisHighlander.com

Denver, Colorado

Physical Plant lends a helping hand with Hurricane Katrina relief efforts

Tamara Hackfort
Staff Reporter

On December 2, 2005, ten men from Regis' Physical Plant loaded up a truck full of materials and piled into a van to embark on a cross country trip to help people they had never met. The team of men, headed by Paul Turco, traveled thirty three hours to begin relief work in Gulfport, Mississippi, one hundred days after Hurricane Katrina.

Recently, Turco and some of the volunteers have been speaking to various groups around campus recounting their story. On February 16, Turco, along with Greg Giovannoni, Mike Harris and Mark Keifart, spoke to Dr. Kathy Schaefer's Jesuit Spirituality class. With a slide show presentation, Turco began with a simple slide that read, "Service of Others" and humbly said, "That's how we live each day." The hour-long presentation discussed the men's work with the North Carolina Baptist Men, one of only a few volunteer organizations working in the area.

The group amazed the class as they told stories of cargo ships being blown on land and knocking over houses; entire houses needing to be gutted; all too often, insurance provided little to no assistance.



Photo provided by Physical Plant

Physical Plant employees help with the hurricane relief efforts in Gulfport, Mississippi.

When asked what moments held the most impact for the group, the men talked about digging an American flag out of the mud and hanging it on the flag pole of a devastated house, "I get emotional because the sense of com-

munity was so strong" said Greg Giovannoni. Along with physical efforts, the men commented that emotional relief given as well,

See Physical Plant on page two

Colorado high school counselors experience Regis firsthand

Alyse Warner
Staff Reporter

This past Thursday, the Regis campus hosted counselors from 27 high schools all around the state of Colorado. Their day began with a breakfast with Regis students, followed by a presentation from the Office of Admissions concerning their policies and processes. Counselors were then given the opportunity to tour the campus, as well as speak with Regis students about their experiences. Following a full campus tour, a lunch discussion with Regis student ambassadors, insignias, and volunteers, as well as a chance to talk to Regis staff members including representatives from the athletic department proceeded.

After enjoying their lunch, the counselors then heard from a panel of Regis students without Regis staff members being in the room. Maricor Coquia, a member of the student panel commented, "For me, being part of the student panel was a lot of fun. It recalled many memories from my senior year when it came down to making that final, very scary decision of leaving home." After the student panel, the counselors attended a presentation about the honors program, as well as another panel composed of faculty members. To finish their day, there was a question and answer session concerning study abroad programs, leadership opportunities, etc, are facilitated by Student Support Services.

Brian Plautz, the counselor representative from Dakota Ridge High School commented, "Though I have already toured Regis once before, I felt that visiting a second time was especially helpful in terms of getting a good "feel" for the campus as well as what type of student chooses Regis over other universities. Meeting with current Regis students was especially vital in that regard."

See Counselors on page two



Photo by Frank Haug

On Monday, Regis Student Government hosted the election debates in the Student Center. Each candidate was given a chance to introduce their platforms in a one minute spot, followed by questions from both the moderator Chris Dieterich and members of the audience. Good luck to Chief Justice candidates Torie Leone, Danny Gallagher; President and Vice President hopefuls Risschie Aran and Zac Garthe, and Brittani Sours and Brooke Stringfellow. The debate gave candidates the chance to expand on their goals for the upcoming year.



Opinion
Repairing
Rocky
Mountain
Lake's name

Page 5



Feature
Knowing
Your
Neighbors,
Part 3

Page 6-8



Sports
Women's LAX
kicks off
season

Page 9

Physical plant from front page

Mark Kiefert added, "maybe we instilled some hope."

Along with Turco, Kiefert, Harris, and Giovannoni; Galen Fulkerson, Billy Gallegos, Nasin Khwajazada, Scott Ormiston, Christian Van Minnen and Jose Cupa volunteered for the trip, but they added that the effort was really made by all of physical plant. Turco explained that everyone in Physical Plant covered their jobs in addition to their own work, which included doing several snow removals.

The group has done several presentations for different organizations on-campus and is focused on letting the Regis community know about the effects Katrina and Rita have had. Turco says, "We do this for the sole purpose of letting people know. We don't want acknowledgements; we just want people to know."

Regis will soon be sending another delegation to do hurricane relief work. Over the Regis College spring break, fifteen students and three staff members will be traveling to New Orleans to

do relief work with Common Ground Collective. Each volunteer feels strongly about what they have to contribute. Matt Mach, a freshman from Lino Lakes, Minnesota, says, "I want to try something new. I heard stories about buddies going to California to party and I thought about how people in New Orleans can't go on spring break or vacation. I felt helpless with

"I felt helpless with all the stuff on TV. I saw this [relief trip] on Insite and thought it was the perfect opportunity. Now I'm fired up."

all the stuff on TV. I saw this [relief trip] on Insite and thought it was the perfect opportunity. Now I'm fired up."

In preparation, volunteers are receiving free Hepatitis A shots from Denver Health. Members of the Regis Delegation are: Katy Stickle, Chanel

Ortiz, Kelli Gloyd, Colleen Tholen, Phoung Lan Nguyen, Gianna Gherardini, Jeanette Markham, Matt Mach, Tammy Henry, Katelyn Schwartz, Anni Martial, and Adrian Manriquez. Physical Plant's Paul Turco, Christian Van Minnen, and Mike Harris, each members of the first delegation, will go with the students.

Funding is a major issue for this delegation. Everything from meals and gas for the students to protective suits, respirators, gloves, and first aid kits are needed. Senior and student organizer Adrian Manriquez recognizes that "the school has been very generous. In order to be safe in disaster areas it is very expensive. Also, we want to give the people of New Orleans something."

The total cost of the trip is eight to ten thousand dollars. We are still hoping to raise three to five thousand dollars. The rest has been graciously donated by departments on campus. Mike Redmond in Physical Plant has been especially generous."

Any clubs, organizations, or departments that would like to donate funds to the delegation can contact Dave Law in Student Activities (x 4089).

Counselors from front page

I don't ever push for my students to apply to any particular schools, but visiting college campuses helps me to be more knowledgeable in discussing and even recommending colleges to my students. I think that my students value my opinion even more when I tell them that I have actually spent time on campus and know more about their chances for admission and/or happiness at a particular college."

Vic Davolt, director of admissions hopes, that the event will foster knowledge and encouragement among counselors and Regis, so that the counselors can be more familiar with what Regis has to offer and can make recommendations to their students accordingly.

The group of counselors at Thursday's conference represented schools that, combined, have sent 340 students to Regis since 2000.

K-Mart parking update: New lot to be complete in June

Marlena Hargrove
Staff Reporter

Regis University has officially taken control of the K-Mart property it has owned since 1887. Even though K-Mart still awaits demolition, students, faculty, and staff can park in the area now known as "Lot 6." The lot is open from 7:00 a.m. until 6:00 p.m. and no overnight parking is allowed. Michael Redmond, director of physical plant, states that "The times will be that way until the lights and new sidewalk systems from the main part of the campus are installed." Those using Lot 6 can use the sidewalk on 50th Avenue to access Regis campus.

The lights and sidewalk system will be up and running in time for the Lech Walesa event scheduled for March 24. By then, students, faculty, and staff can park in the lot past 6:00 p.m. Michael Redmond confirms that the whole area will be entirely completed mid-June. When completed, the space will accommodate 500 cars, as previously reported in the Highlander. Also, a security gate installed at the end of the project will utilize a card reader system allowing people to enter and exit the premises using their Regis identification cards.

The addition of Lot 6 will provide the parking relief much needed by the Regis community.

Contact the Highlander
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Our Mission:

As the staff of the Regis University weekly publication, the Highlander, we intend to serve the campus and the neighborhood by providing an outlet for the transmission of news and ideas. Our publication is designed to cultivate awareness, understanding and dialogue about matters of community importance.

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Submissions are encouraged from our readers. Email submissions to hldsubs@regis.edu by 5:00 p.m. every Wednesday for consideration. All submissions will be reviewed to ensure suitability of content and quality of thought. Editorials are the opinions of the author, and therefore may not necessarily reflect the views of Regis University or the Highlander.

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Behind the price tag:
Context for what you pay at the
Ranger Grille

Lauren Wojtko
Staff Reporter

To the students who simply swipe their meal-plan card, the reality of the prices at the Ranger Grille may go unnoticed. But, in actuality, students are paying double, or sometimes triple what they would buying the same product off-campus.

The pricing at the Ranger Grille is done by comparing Grille prices to those of competitors through a program called "Right Pricing." This looks at the history of prices at the grill and the cost of similar items at places like McDonalds and Perkins. The Grille tries to keep their prices in between those of the competition.

But many students agree that the prices are far from average. "I try to eat at the grill as little as possible," commented junior John Scheid. "It's over-priced for the quality of food you get."

So what makes a pack of M&M's \$1.30 at the grille and less than \$0.90 everywhere else, including the campus bookstore right next door? Diana Wink, general manager of Sodexo explained the higher prices are largely due to Regis' inability to buy in bulk. "We're a pretty small business compared to other businesses out there," she said.

Sodexo lacks the storage capability to store items bought at wholesale. This means that when Sodexo brings in a product, they can only buy what it can fit on its shelves. The Grille has also has a limited amount of customers. Consequently, larger stores that can buy in greater bulk and have more customers will be able to post lower prices.

Also, high prices are the results of recent remodeling in the Grille and Dining Hall, rebates to the University, and benefits to the employees. The costs of the remodeling get passed on to students in the form of higher prices.

Wink also noted that broad benefits packages available to employees raise the cost of labor, and, in turn, prices. Full-time Sodexo employees receive medical, dental, vision, sick time, vacation time, free uniforms and several others. All these components factor into the pricing structure.

But these are not explanations that are readily available to the students as they purchase items day to day. What students do note is that they are paying \$3.49 for a bag of Doritos and \$2.80 for a SoBe. So why do they continue shopping at the Grille when the same items are cheaper across the street? Part of it is convenience. The Grille is right on campus and the students already have money on their meal cards.

Meal plans can provide a sense of security that the student has money specifically for food which cannot be spent on anything else. Scheid referenced this reasoning when he said, "Parents are more willing to put money on a meal card than give their kids a lot of money and say it's for food."

Senior Amanda Arrieta added, "Students use the Grille because it's quick to get food before and after classes, especially for students without cars."

Prices are based on a scale, so the more people there are on meal plans the lower the prices will be. The problem, however, is getting more people on the meal plan. Numerous students will not buy one because of the higher prices. Arrieta said, "In addition to tuition, it got too expensive to pay for food and I opted not to get one [a meal plan]."

Sodexo is currently contracted by Regis University until 2018 to provide their food service. Prices are negotiated every year based on the number of students on meal plans and the kind of plans available. There are currently 618 students and staff with one of the three meal plan options.

	Grille with card	Grille w/o card	Regis Bookstore	Everyday	7-11	King Soopers	Safeway
Oreos (1 oz)	\$1.25	\$1.35	--	\$0.69	--	\$0.17	\$0.16
M&M's (1.69 oz)	\$1.30	\$1.40	\$0.69	\$0.89	\$0.85	\$0.75	\$0.75
Doritos (13 oz)	\$3.49	\$3.76	--	\$3.49	\$3.00	\$2.75	\$3.00
SoBe	\$2.80	\$3.02	\$1.49	\$1.59	\$1.69	\$2.40	\$1.49
Lays Chips (11.5 oz)	\$2.99	\$3.22	--	\$2.99	\$3.00	\$2.14	\$1.66
Gatorade	\$2.30	\$2.48	\$1.59	\$1.09	\$0.99	\$0.87	\$0.87
Granola Bar	\$1.30	\$1.40	--	\$0.34	\$0.40	\$0.34	\$0.34

Massa embraces Catholics
as outsiders

Jacqueline Kharouf
Staff Reporter

Mark Massa, S.J., co-director of The Curran Center for American Catholic Studies at Fordham University, spoke this past Tuesday, as the second speaker in the Catholicism in the Modern World Speaker Series, on the topic of anti-Catholicism. The speech, entitled "The New Anti-Catholicism: Why Catholics Should Welcome It, Partly," attracted a large number of students, faculty, alumni, and staff curious to hear how anti-Catholicism could even be considered, as Massa later described, a fairly good thing.

Massa began his presentation by giving several examples of anti-Catholicism found in American culture today. One example came from a writer for *Vanity Fair*, who described Mother Teresa in this way: "She has a face like a cake left out in the rain, but her lifestyle is butch." Another example came from the playwright of "Angels in America," who called Pope John Paul II "a homicidal liar, who endorses murder." Massa also challenged the audience to check out jackchick.com, which has over 400 million cartoons depicting anti-Catholic messages and images.

Massa explained that the new anti-Catholicism has made itself evident in several unlikely places, including movies like "Dogma," "Stigmata," or "Elizabeth." This is unlike the "old suspects" of anti-Catholicism, Massa said, which include the Klux Klutz Klan, Southern Evangelical Protestants, or Jehovah's Witnesses, who have made their hate for the Catholic Church far more obvious.

After reviewing several responses from other Catholics concerning their reasons for the new anti-Catholicism, Massa explained his own understanding of the topic. Borrowing from the theology of David Tracy, a Catholic priest and theologian at the University of Chicago, Massa argued that while other Catholics have responded correctly to the anti-Catholicism, he believes they are missing a "theological chunk." This chunk can be partially found in Tracy's explanation of pre-conceptual languages, the underlying fundamental basis of religion. According to Tracy, Catholicism is a based upon analogical pre-conceptual language, that is, language which emphasizes the community and in which God is made manifest to the community through concrete and, what Massa calls, "real symbols." U.S. mainstream culture, Massa explained, is based upon dialectical pre-conceptual language, or language that emphasizes the individual and "seeks to distance itself from the priority of the



Photo by Jacqueline Kharouf

Mark Massa, S.J. from the Curran Center for American Catholic Studies at Fordham University delivers his "The New Anti-Catholicism: Why Catholics Should Welcome It, Partly" speech last Tuesday during the Catholicism in the Modern World Speaker Series.

community and the material ways in which God comes to us."

It is only through these definitions and distinctions that Massa can explain the reason anti-Catholicism is so prominent in America. Because this country was founded by reformed Puritans who held a dialectic world view, U.S. culture, Massa said, is "dif-fused" with a dialectic perspective and, thus, Catholics, with an analogical world view, have become outsiders of their own culture. "But because that dialectical impulse is diffused through the culture and hidden in various forces in U.S. culture," Massa said, "does not make it any less powerful or less real, indeed, I argue that just the opposite is the case."

In this way, Massa arrived at the apex of his speech, asking the question, "Why is the Catholic analogical world view good?" For Massa, the perception of Catholics as outsiders of mainstream culture is "a good thing" because it challenges Christians to look beyond the perceptions of mainstream culture and understand how important their own perception and faith tradition is, not only to create a sort of "tension" with the world, but to pass on that tradition to future generations.

Massa concluded his speech by opening for questions and citing a quote from St. Paul: "I myself come from no mean city and we, as believers, have no lasting city here, but seek one which is to come."

The next speaker for the Catholic Speaker Series will be Phyllis Zagano, a visiting professor of Roman Catholic Studies at Yale Divinity School. Zagano will be speaking on the topic "The Catholic Church: What's a Woman to Do?" in the Science Amphitheater on Thursday, March 23 at 7:30 p.m.

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The unforgiving nature of sectarian violence in Iraq

In his 1954 book *Strategy*, Liddell Hart observed that the object of war is to attain a better peace, and that it is essential to



Justin Goldman
Opinion Editor

conduct war with regard to the peace that is desired. B.H. Liddell Hart served in the British Army during the First World War. He went on to become a renowned military historian and strategist. German Field Marshall Rommel said of his work, "The British would have been able to prevent the greatest part of their defeats if they had paid attention to the modern theories expounded by Liddell Hart before the war." In light of the sectarian nature of the current violence in Iraq it is timely to remember the wisdom of Liddell Hart. This past week the sectarian violence overwhelmed Iraq and has raised very significant concerns over the direction of the current U.S. policy.

As Knight-Ridder reported, the week started out with a very serious warning being expressed by U.S. Ambassador Zalmay Khalilzad who said that although the United States is investing billions of dollars to rebuild the country, "we are not going to invest the resources of the American people to build forces run by people who are sectarian." The primary target of this criticism is the Ministry of the Interior, which is dominated by the Supreme Council for the Islamic Revolution in Iraq (SCIRI). The ranks of these forces, which provide law enforcement and security, are filled with the SCIRI military wing, the Badr Brigade. The Brigade was originally trained by the Iranian Revolutionary Guards Corps. Last week the leader of the Badr Brigade, Hadi al-Amery, blamed the Americans for the current situation of the country. "This is not our shortcoming; it is the shortcoming of the Americans, their bad administration, bad leadership, bad operation and bad selection that has brought the country to this impasse. The Americans have made very big mistakes in security and continue to make big mistakes," he said.

Attacks on the Golden Dome

Last Wednesday the Askariya Shrine was decimated by explosives. The Shrine is located in Samarra, a predominantly Sunni city about 60 miles north of Baghdad. The Golden Dome of the Shrine is one of the four main Shiite pilgrimage sites in Iraq. The response was rapid from Shiite elements of the country in response to the symbolic attack. The Christian Science Monitor reports that within hours of the attack, tens of thousands of angry Shiites many of them members of Shiite cleric Moqtada al-Sadr's Mahdi Army who brandished rifles and rocket-propelled grenades took to the streets in at least a half-dozen central and southern Iraqi cities. Dan Murphy writes from Baghdad that Shiite Grand Ayatollah Ali al-Sistani, Iraq's most respected cleric, issued a statement forbidding attacks on Sunni mosques and calling for seven days of national mourning, but in a rare move, he also called for public protests. Magan Stack wrote that last Thursday gun-

men shot dead 47 people at a fake checkpoint north of Baghdad and left their bodies in a ditch.

The Los Angeles Times reported last Friday that Iraqi officials ordered a daytime curfew in Baghdad and nearby provinces as the death toll climbed past 100 in two days of sectarian attacks that began after the bombing of one of Shiite Islam's holiest sites. Concern was great that the crowds from Friday prayers would be vulnerable to rioting and an escalation of the conflict. The crisis was a real test for the clergy in Iraq, who hold considerable power. The Christian Science Monitor reported that on Saturday night, representatives of militant Shiite cleric Moqtada al-Sadr and Sunni clerics from the powerful Muslim Scholars Association prayed together in a televised ceremony from Baghdad's Abu Hanifa mosque, a Sunni landmark.

This period of sectarian strife brings to mind one of the primary failings of U.S. policy in Iraq. Despite the efforts of selfless American and Coalition Forces, as well as the courageous members of the Iraqi Security Forces (ISF), the security situation is still poor. On Saturday, the Associated Press reported that the number of Iraqi army battalions judged by their American trainers to be capable of fighting insurgents without U.S. help has fallen from one to none since September, Pentagon officials said yesterday.

The Bush Administration has rejected all calls for a specific timetable for the withdrawal of forces from Iraq, saying that our withdrawal from Iraq will be based on the readiness of the ISF. As President Bush often says, "As the Iraqi stand up, we will stand down." This downgrading is a significant setback as training ISF has been a coalition priority since General David Petraeus became the first commander of the Multi-National Security Transition Command Iraq in June 2004. This sectarian violence occurs whilst the various factions are attempting to form a broad based government. This has proven illusive since the December 15th Parliamentary Elections. This past Thursday the Sunni bloc pulled out of talks over this process. On Sunday, the UK Guardian reported that the Sunni political bloc said it would rejoin talks to form a government of national unity if the Prime Minister, Ibrahim al-Jaafari, followed through on measures designed to banish the prospect of religious war between Shiite and Sunni communities.

Parallels to past civil conflicts

This current state of Iraq has parallels to other civil conflicts. In September 2005, Arnaud de Borchgrave, director of the Transnational Threats Project at the Center for Strategic and International Studies testified in front of the House International Relations Committee: "Iraq today increasingly resembles Lebanon shortly before the country descended into a 15-year civil war in 1975. Iraq has also become an incubator for a particularly noxious form of Shiite radicalism." As was the case in Lebanon there was no monopoly on the legitimate use of violence by the government. There is growing concern over reports that Grand Ayatollah Ali al-Sistani appeared to call on sec-

tarian militias to protect religious sites. The Australian reports that a paper set to be published this week, the International Crisis Group advises that nations should be preparing for the next Iraq war, when the country falls apart, saying that failure to anticipate such a possibility could lead to further disasters.

Although there have been significant actions to avert all-out civil war, this is the closest Iraq has been to that level. Vali R. Nasr, a professor at the Naval Postgraduate School in Monterey, Calif explained to the New York Times that "What you have in Iraq is not just a society coming apart like Yugoslavia

or Congo. What is at stake is not just Iraq's stability but the balance of power in the region."

On January 15, 1979, the cover of Time Magazine showed a map covering the region from the Horn of Africa to South Asia labeling it the "Crescent of Crisis." That also happens to be the title of a new publication from the Brookings Institution on U.S.-European strategy towards the region. How the Iraq experience will affect U.S. policy goals in the region remains an open question. At this juncture Iraq appears far from the "better peace" that Liddell Hart advocated.

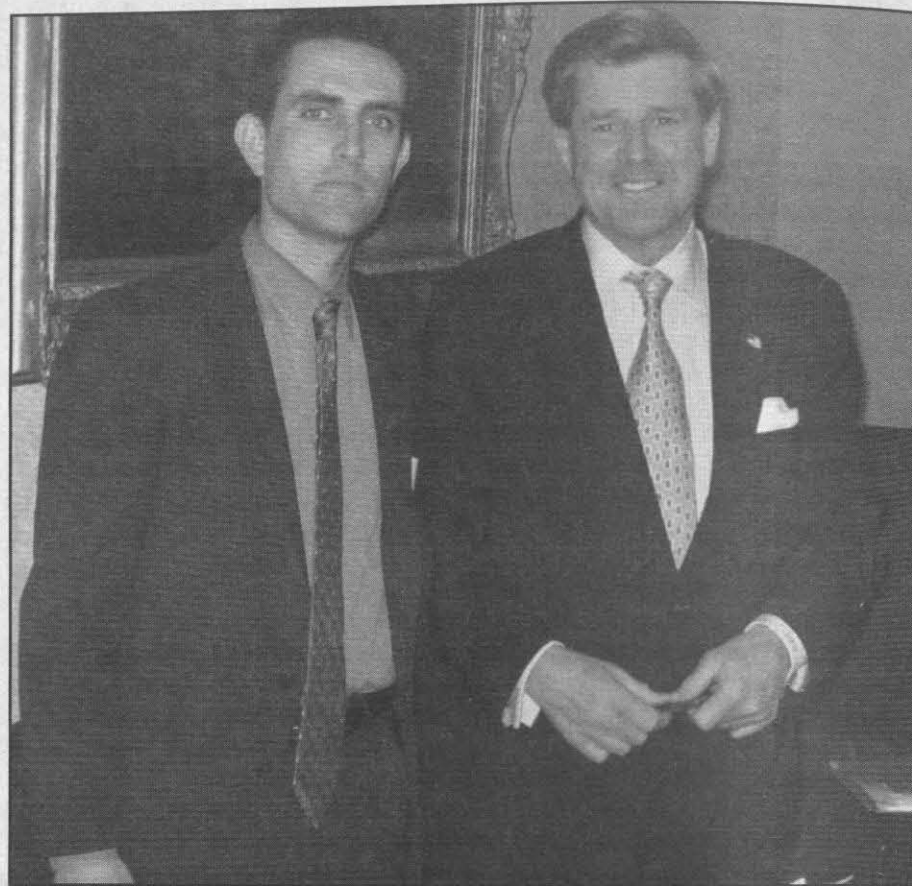
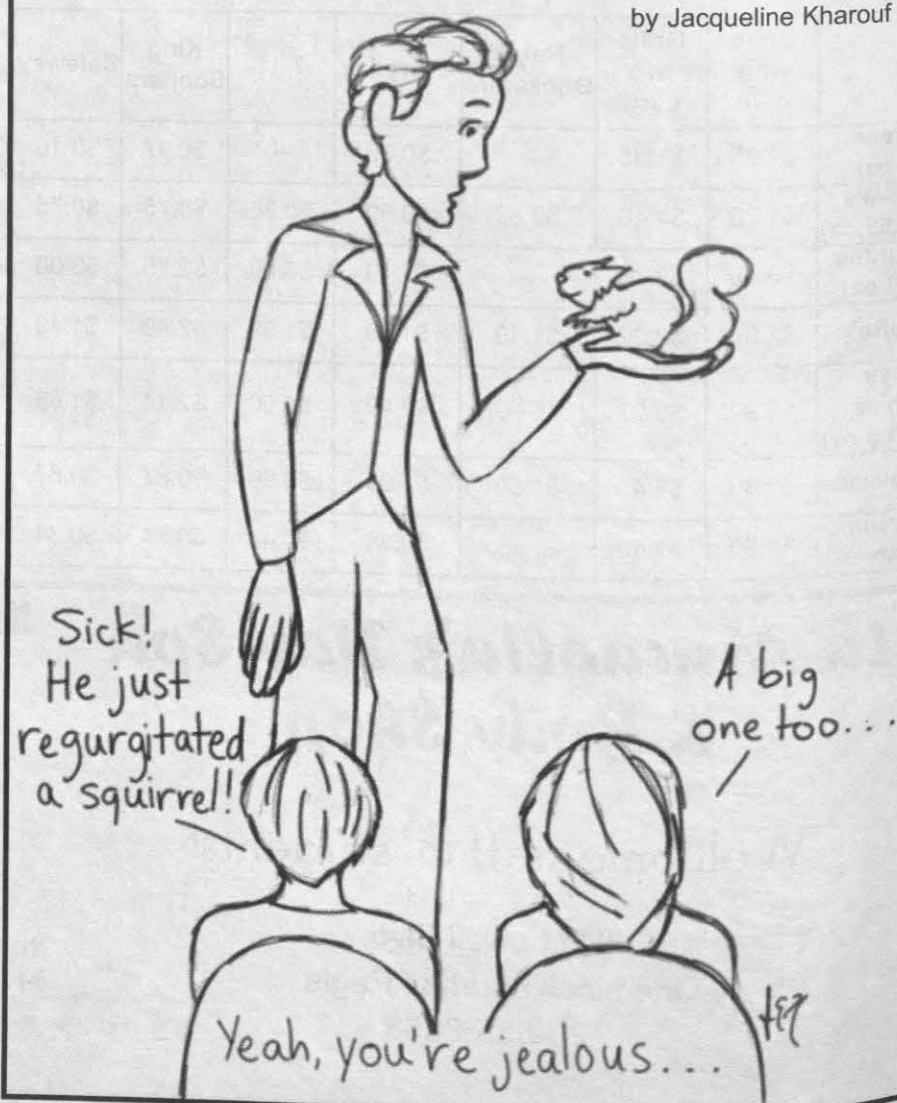


Photo by Frank Haug

On Wednesday, February 22, former Presidential Envoy to Iraq, Ambassador L. Paul Bremer III spoke to the Denver World Affairs Council at the Brown Palace Hotel. Ambassador Bremer gave a detailed assessment of the current challenges in Iraq and signed copies of his new book, *My year in Iraq: The struggle to build a future of hope*.

Der Zugschreiber

by Jacqueline Kharouf



Changing our language, taking action

Mo McGoff
Contributing Writer

Take a moment or two to imagine your favorite park. What do you see? What do you hear? What are your memories? What are the best aspects of the park and the surrounding community? What is the name of the park?

Here, in the neighborhood south of Regis campus, we have a park called Rocky Mountain Lake Park. Many of the neighbors who grew up here, and live here with their families, feel a strong connection to this park. Regis students, however, have mixed views, and some joke about the park, or have never taken advantage of what it has to offer.

I believe that the language and attitude toward Rocky Mountain Lake Park and the surrounding community should be addressed. Regis University students tend call the park area "Rape Lake." A random survey of 20 students found that majority of them did not even know there was a park in our neighborhood. However, for those

that did know about that park, most of them were unaware of the name, instead it was called "Rape Lake." Still, those same respondents did recognize that parks, in general, benefit a community.

It could be that students use the name in order to feel part of an in-joke-you get the joke, then you feel part of the group. Most students don't have to be here very long until they here the joke. But the name could also be a sign of fear. Where might the fear of the park and its surrounding come from? One possibility might be what sociologist Barry Glassner calls "the culture of fear." As Dr. Eve Passerini, assistant professor of sociology, described to me, the media uses fear and violence to draw viewers and sell advertising, which then leads many Americans to be predisposed to fearing urban areas.

But, as Dr. Passerini also pointed out, women also have real concerns about violence. According to the U.S. Department of Justice and National Organization of Women, "every year



© Denver Public Library, 1919

A man and a boy fish along the bank of Rocky Mountain Lake in Rocky Mountain Lake Park in the Berkeley neighborhood of Denver, Colorado.

approximately 132,000 women report that they have been victims of rape or attempted rape, and more than half of them knew their attackers. It's estimated that two to six times that many women are raped, but do not report it. Every year 1.2 million women are forcibly raped by their current or former male partners, some more than once."

The apparent concern about Rocky Mountain Lake could stem, in part, from a real assault. About 8 years ago, the Denver Police Department notified Campus Safety of a sexual assault at Rocky Mountain Lake Park. Campus Safety decided to send out notices in order to inform the students to be aware. It seems that some members of the Regis community have used this note of awareness to jokingly name the Park, "Rape Lake." This name has encouraged many students to believe that this Park is dangerous; therefore, they refrain from going down to the Park.

Bart Dean, of personal counseling, and I concluded that these negative feelings may be a result of the safety that one feels. On campus we have security that patrols the campus; however, once one ventures outside of the gates, one is out in the community, without the campus safety. Therefore, some people may not feel safe in this neighborhood because of the tight security here on campus.

On the other hand, according to Denver Government crime statistics, in 2004 the Regis neighborhood reported 342 incidents of Type I crime and the Berkeley neighborhood reported 670 incidents (see chart below). While Regis was ranked 27th, the Berkeley neighborhood was ranked 42nd in crime rates, out of over 75 neighborhoods. In 2004, one sexual assault occurred in the Berkeley neighborhood, and two in Regis. Although there was one sexual assault at Rocky Mountain Lake Park years ago, this northwest part of Denver is safe relative to other communities around the Denver area, and typical urban areas.

When I run or walk around Rocky Mountain Park Lake, I see many different families walking together or on the weekends, and football or baseball games being played in good weather.

Unlike the old adage "sticks and stones can break my bones, but words can never hurt me," names do matter. As the field of language and culture teaches us, they shape the way we perceive the world. They make an impact on the community and the place that it represents. Given this relationship, I believe that when Regis University students refer to Rocky Mountain Lake Park as "Rape Lake" it degrades the park as well the surrounding community. In an attempt to change the Regis University student's language and attitudes toward the Park and the surrounding community, here are approaches to solving the problem.

First, I propose an educational cam-

paign that could hopefully change the mixed attitudes and degrading language that Regis University students use toward our surrounding community. We could also publicize the park and surrounding community's highlights and historical significance when it is appropriate.

Another possibility that would benefit the entire community is adding signs to promote the historical significance of the Park. For example, surveys showed that many of the people who regularly used the 1700 parks, playgrounds and recreational facilities in New York City know little of significance behind their names. In response, New York Parks and Recreation installed historical large wooden signs in each park that

Historical signs could explain how Rocky Mountain Park is part of the city of Denver's park system. This system was built as part of the City Beautiful movement over 100 years ago, in order to offer relief from urban living. The park served as the site of an auto camp and then had a dance pavilion in the 1920s.

describe the park's name and historical significance. This project was a huge success. I believe that this type of a program could be a success here, and that we at Regis could help raise money and look for grants to make this happen.

Historical signs could explain how Rocky Mountain Park is part of the city of Denver's park system. This system was built as part of the City Beautiful movement over 100 years ago, in order to offer relief from urban living. The park served as the site of an auto camp and then had a dance pavilion in the 1920s. This history could also include comments on how building 1-70 through the neighborhood in the 1960s affected the park, and how steps have been taken recently, such as the renovated bathrooms and new parking lots on the northwest and southeast sides of the park.

Another idea would be to add signs that welcome visitors and passersby to the park area. Please think back to the park that you thought of at the beginning of this article. How does it fit into your community? Or does it? If we can change our attitudes and language first, and then think creatively and take action, I believe we can be good neighbors. Please contact me at mcgof932@regis.edu if you are interested in joining this effort.



© Denver Public Library, 1918

A man and woman prepare a meal in the back of a camper at Rocky Mountain Lake Park auto camp (motor camp) in the Berkeley neighborhood of Denver, Colorado.

Career Services ON-CAMPUS INTERVIEWS

Date/Time	Job Title	Company	Resume Submission Deadline
March 1-31 24/7	National Jesuit Collegiate Fair	Register on Monstertrak http://monstertrak.com	Through the Month of March
March 1 9:00 - 3:30	Information Table in Student Center	Peace Corps	
March 2 8:30 - 3pm	Underwriting Development Program/Account Executive	Interviews with St. Paul Travelers	
March 15 9:00 - 12:00	Information Table in Student Center	Denver Peace and Justice	
March 15 9:00 - 12:00	Account Executive, Client Education	Genesys Conferencing, Inc.	
March 16 9:00 - 1:30	Information Table in Student Center	Northwestern Mutual Financial Network - The Cunningham Financial Group	
March 22 9:00 - 3:30	Information Table in Student Center	Americorps	
April 3 9:00 - 3:30	Information Table in Student Center	Peace Corps	

All interviews will take place in the Career Services Dept. located in the Coles Life Direction Center on the Regis University Lowell Campus.

Organized by

Karen Metzger
kmetzger@regis.edu
303.459.3509

Knowing Your Neighbors, Part 3

Putting it all together: realizing the potential for 50th and Lowell

Chris Dieterich
Editor in Chief

Denver is currently rated the third best "college town" in America among cities with more than 300,000 residents, according to ePodunk.com, higher in its class than either Boulder or Fort Collins (rated as small and medium sized cities, respectively). The list uses a given city's ratio of bookstores, restaurants, music stores and local retailers per capita, along with a variety of other variables, to determine the ranking. More coffee shops and pizza joints means more "college town" credibility.

The "college town" characteristics of Denver are less striking around Regis. Many businesses around 50th and Lowell sit conspicuously vacant. Five commercially zoned buildings little more than a stone's throw from campus are empty. In contrast, the area around the University of Denver's campus touts a markedly "college" atmosphere. Surrounding streets are almost choked with cafes, bike shops and places to get exotic snacks. The corner of University and Evans is abuzz with students reading on sidewalk patios in between classes or enjoying some downtime. How, in the same college-friendly city, can DU appear to be so much more college-friendly?

The answer lies in different area's commercial development strategies. Vibrant commercial development requires collaboration between individual businesses and city or state administrations. Actors like a newly formed neighborhood association, Regis University and local business owners are receptive to growth. Commercially zoned space sits unoccupied just across from a potentially large college market. All the pieces are in place for economic revitalization of 50th and Lowell.

Breaking the Impasse

At present, approximately 7,200 sq. feet of commercially zoned building space is empty. On top of this, Regis owns the 13,000 sq. foot lot across from Dubbel Dutch. Currently, Regis University has no plans for this property, according to Karen Webber, vice president of University Services. Redeveloping the area surrounding Regis requires the university, community, property owners and students to play roles to kick start substantive redevelopment of 50th and Lowell. Coffee on the Lowell owner Elizabeth Luna also sees the potential for increased commercial vitality in the neighborhood. "Both Regis and the community can support more businesses. I think the problem is communication. I'm open to accommodating what the students want. Working this out benefits both the area and the school."

The possibility for enhanced communication between Regis and neighborhood business owners is likely to increase with advent of a new Berkeley-Regis University neighborhood association, according to Karen Webber. Berkeley Regis United Neighbors, or BRUN, "is your neighborhood association, bringing together the residents and businesses in northwest Denver's Berkeley and Regis neighborhoods." The formation of this organization is a promising manifestation of a commitment to redeveloping the areas immediately surrounding Regis and Berkeley neighborhood. Dubbel Dutch owner and BRUN board member Eef Tulp also thinks the new association can assist in representing "this part of town from a business perspective."

Local business owners can bring about development by working together to become designated as a district. The Local Maintenance District (LMD) process is used to "operate, maintain, repair, and replace a variety of streetscape improvements." More broadly, commercial areas have been established Business Improvement Districts (BID) in order to "provide services unique to the commercial nature of the districts."

In essence, BIDs are voluntary organizations where business owners enter into an agreement to improve area apparatuses such as sidewalks, benches, streetlights, off street parking zones, etc. Businesses contract with the city to consult, design and construct a given project. In return, business owners agree to fund

Information is critical to future decision making about area growth. Businesses need to know what Regis students are looking for in order to provide services. Coffee on the Lowell, for example, does not stay open late because the owner is under the impression that students would not come in. Likewise, before new shops or restaurants can move in, they need to know what would be popular among students. In the next few months the two properties south of Hamlin's will be on the market. If potential business owners knew that Regis students would like a music store, pizza place or juice bar, then perhaps it would help guide their decision making. Additionally, these figures could be used as evidence for growth potential in seeking grants for improvements and beautification.

The area can only grow one step at a time. If another flower shop or office goes into these spaces, it could be a step backward for the development of the block.

After Spring Break, the Highlander will be conducting an online student and staff survey to determine what type of businesses could best suite the needs of the university.

a specified amount over the course of about a decade. BIDs are not a grant, in the sense that the city itself provides funding. Rather, business owners raise their own revenue. Still, BIDs can play key roles in local economic development by providing critical structural improvement, like streetlights, necessary to not only to further commercial growth, but also to a greater sense of community.

The introduction of a BID to Highlands Square at 32nd and Lowell provided a more attractive business environment for businesses, according to Pat Defa, aid to City Councilman Rick Garcia. Common Grounds coffee shop is credited for being the first small business in the redevelopment of Highlands Square, 14 years ago. A few strong local businesses were able to take advantage of maintenance improvements and play an instrumental role in the revitalization of Highlands Square.

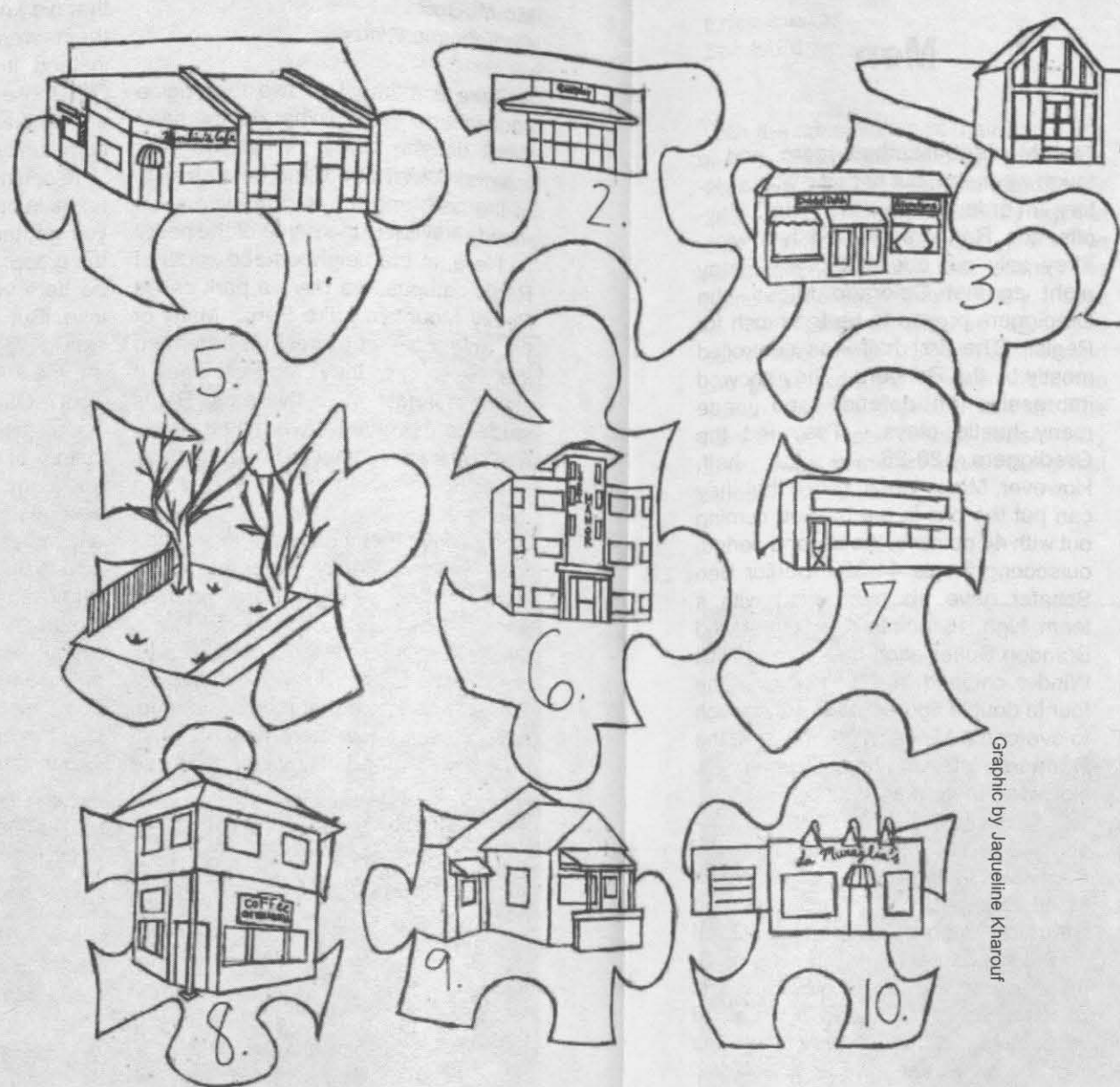
Local business owners like Hamlin's proprietor David Hahn and Eef Tulp of Dubbel Dutch have expressed interest in forming a BID to better the streetlights and sidewalks around 50th and Lowell. Tulp noted that she closes soon after sunset because the area is scarily dark as night progresses, "we are walking distance from Regis, yet this area is underdeveloped and shady at night."

Though still in the early stages, the creation of a BID near Regis could provide a key to redevelopment. Last spring, business owners met with Brook Wilson, of the city's District Management division, to learn about the BID process, which includes forming a steering committee and submitting a letter of intent. Reflecting on that meeting, Mari, owner of La Muraglia's, expressed the importance of a BID to help neighborhood development, but worries that such actions, though vital, might be cost prohibitive for businesses that are "struggling to stay afloat."

One alternative to a BID, which requires businesses to raise revenue themselves for the purpose of funding improvements, could be a financial grant. The Gates Family Foundation spent \$1.8 million on projects in the arts, humanities, education, parks and conservation and health and human services around Colorado and the Denver metro area in 2004. According to its 2004 annual report, the Foundation has a particular interest in funding private colleges and economic development, including a \$25,000 to Colorado Community Revitalization, a nonprofit dedicated to assisting commercial development of downtown and community centers. A grant could be instrumental in beginning area development.

Getting Started

With or without BIDs or grants, starting a new business is, of course, a formidable challenge. Chris



Graphic by Jaqueline Khanouf

1) 4986
**Hamlin's Café
Barber Shop**
(two vacant)
4600 total sq. feet
1953

2) 5001 & 5007 (vacant)
Everyday
3400 sq. feet
1975

3) 4974
**Dubbel Dutch
Alterations**
904 sq. feet
1922

4) 4976
1500 sq. feet
1906

5) 4965
vacant lot
owned by Regis subsidiary Lowell Real Estate LLC
13000 sq. feet

6) 4991
**Lori Manor
Apts**
1100 sq. feet
1961

7) 4968
(vacant)
1956 sq. feet
1910

8) 4995
Coffee on the Lowell
5600 sq. feet
1936

9) 4961
owned by Regis subsidiary Lowell Real Estate LLC
(residential)
857 sq. feet
1916

10) 4949
**La Muraglia's Body
Shop & Spa**
5,602 sq. feet
1936

McCale, assistant professor of economics and business, notes the importance of research to determine whether a given business has the potential to succeed. "You need to establish what people want before spending tens or often hundreds of thousands of dollars to open a business. People often underestimate how much it actually costs to start and run a business. To open a pizza place, for example, you have to pay for a lot more than dough."

Each of the vacant buildings on the east side of Lowell Blvd. near 50th is over 80 years old and dilapidated. Bringing them up to code comes with a hefty price tag. Other fees include the cost of leasing or owning the building and legal fees, according to the Denver Small Business Administration. The tremendous amount of startup capital necessary set up shop is one explanation for why these buildings are empty. Tulp found that in her experience the costs of getting Dubbel Dutch ready were "considerable."

Obtaining the startup funds to finance a new business is critical. As a supplement to bank loans, other assistance is sometimes available to help get an entrepreneur started. The city of Denver offers various incentives to encourage entrepreneurship. The Denver Enterprise Zone offers tax credits or exemptions to help new businesses cover operating expenditures like employee training and the refurbishment of vacant buildings. For example, entrepreneurs involved in the redevelopment Stapleton airport currently utilize Denver Enterprise Zone tax credits to fill what will be

tactic over a decade ago. Georgia Tech University recently added a massive retail and residential center, taking into account the habits and preferences of students, faculty and area residents. According to Fliegler, this commercial center has become the main gateway to the university and a popular Atlanta destination.

Whether through this sort of direct action, or in collaboration with BRUN, Regis would benefit from promoting the expansion of businesses around 32nd and Lowell.

Can Regis Support commercial growth?

An underlying assumption behind campus area redevelopment is that, as Fliegler puts it, "colleges [act] as engines for cultural and economic growth"; clusters of young adults anxious to see and try new things create a market for businesses to then supply these goods and services. A uniquely charming atmosphere benefits students and draws other members of the community. But would Regis students and staff be able to sustain commercial expansion?

On the surface, the answer seems to be a resounding "yes." There are over 1,000 students, 736 employees, and approximately 3500 SPS students (per semester) with substantial buying power concentrated around Regis.

Moreover, research indicates that college students are far from skittish about spending money. Harris Interactive, an international market research firm, estimated that in 2004 college students aged 18-24 wielded approximately \$25 billion in discretionary spending.

Although there are a great many restaurants within a half-mile radius that frequented by students, few cater primarily to the Regis crowd. The parade of fast-food giants on Federal can hardly be considered student hangouts. Places like McCoy's Restaurant near I-70, though open all night and frequented by students, take pride in catering more to graveyard-shifters and interstate tumbleweed than to liberal arts college students.

The nearest resemblance to a traditional "college atmosphere" around Regis are the newly developed pockets of shops and restaurants of Highlands Square (32nd and Lowell) Tennyson Avenue. These areas offer the nearest oasis for wheat grass, yoga and other quasi-Bohemian ephemera often found near universities. Neither of these locations is close to campus, however. 46th and Tennyson is a good 12 blocks from campus and the ever-popular Chipotle is a solid 18.

Additionally, students are separated from these places by more than just distance. Look no further than Highlands Square's ultra-hip Swim Club 32's Best of the Westwood 2005 award for "Best Artisan Wine List" to see the limits of student accessibility to an area cultivated to suite the tastes of urban-minded professionals.

Currently, the Everyday convenience store and the Hill-Top Tavern are the only places on Lowell within walking distance that stay open past 6 p.m. The addition of more retailers or restaurants would not only provide students with goods and services, but as senior J.D. Rogers notes, "more student-friendly shops would not only be good business, it would also add to the Regis' identity. It would draw people from all over in contact with students and the university."

But it isn't as if no one has thought of this before. Investors often target universities as prime spots for business. Forbes magazine touted the merits of setting

Bernie Langfield recounts a lifetime of Berkeley-Regis experiences

Andrea Silva
Senior Reporter

Ice skating after school at Rocky Mountain Lake Park and Berkley Lake. Boys practicing football at Regis High School's field in the fall. Corner grocery stores and ice cream parlors lining Tennyson Street. For Bernie Langfield, Secretary of University Relations Services, these are just some of the images that color her memories of North Denver long ago. Born and raised in the Berkeley-Regis neighborhood, Langfield has lived within a two-mile radius of Regis for nearly her entire life.

Having only left North Denver during the "war days" (WWII), Langfield has witnessed the gradual evolution of the Regis-Berkley neighborhood. She speaks of a time when "dads worked and moms stayed home and took care of the family"; when the neighborhood was filled with family-owned bakeries, taverns, soda fountains, and dry goods stores. Though much has changed, she says that the rejuvenation of areas like Tennyson is reforming the neighborhood similar to how it was when she was a child.

Langfield grew up at her family's house at 3892 Xavier St. during the 1920s and 30s, where she was born and lived until she was married. The house, which is no longer in her family, is on the old Elitch Garden property between Tennyson and Wolfe. Langfield's father was a freight solicitor for the Baltimore and Ohio railroad while her mother stayed home to raise her and her five brothers and sisters.

All children attended school at Holy Family on 44th and Tennyson, where Langfield's father helped build Holy Family Church and her mother was

the first PTA president. Her brothers were very involved with sports at school and would frequently walk from Holy Family to Regis to practice football on what are now the soccer fields.

Back when Langfield was in high school, a favorite pastime was to go dancing at one of the many dance halls in town. One hall was at Elitch's, which Langfield says was called the Tracadero. "It was the most beautiful ballroom, the loveliest place in Denver to go dance" said Langfield. "You had a date with a high school boy if he had 50 cents—that was a set of 3 tunes, so 50 cents was a swell night out on the town!"

Though Elitch's was sold to Six Flags a few years ago, Langfield says that other places around the neighborhood have stayed the same. Gaetano's at 38th and Tejon is an Italian restaurant that had a reputation for criminal/mobster activity when she was growing up. "When we were young, we were always told, don't go there, it's too dangerous" said Langfield. Today, the restaurant stands under new management, but she has still not set foot in the door.

To Langfield, Regis has not changed much over the years, in the sense that "the Jesuits have kept a good reputation." She acknowledges the fact that some neighbors now have building concerns with parking issues, though she believes "Regis is trying to solve that problem." As a veteran resident of the neighborhood surrounding Regis, Langfield has seen over the years that the university "has maintained itself with the respect from the community, and it certainly is an asset to the community to have such a wonderful school of higher education in their area."

up shop around students. "If your goal is to start a company or buy property that will rise in value, we recommend university towns..." But herein lies a problem. Berkeley neighborhood is not a college town. As the smallest university in a supposedly college-friendly city, Regis is stuck somewhat in a gray-area: Regis has grown substantially in recent years, but still might not be large enough to support more businesses.

The semester cycle deprives area shops of a significant amount of business over the summer. Even during the school year, whether local businesses depend on Regis for survival is debatable. David Hahn, owner of Hamlin's Café for 18 years, notes that his original expectations for strong Regis support have been tempered by modest results. The university played a large factor in Hahn's decision to put Hamlin's on the corner, but "Not as many [students] come in as I would like," says Hahn. "On weekends quite a few come in, but on weekdays there aren't too many students. They've got their prepaid meal plans I guess."

Coffee on the Lowell's Elizabeth Luna has also found that she can't rely solely on Regis market. "I've tried staying open later in the past and few people came in. I just couldn't justify staying open later."

Mere proximity to a university certainly doesn't guarantee success. The Flower Box Gallery and Whiz Computers, next to Hamlin's, recently went out of business. Clearly, not all businesses are equally suited to court the Regis market. Businesses designed to be more appealing to the college consumer may fair better.

Local sandwich and Dutch specialty shop Dubbel Dutch has found success at since opening its doors in November 2003. To Tulp, focusing on Regis market is just good business. Appealing to the college crowd by posting flyers and offering student/faculty discounts and specials has rewarded Dubbel Dutch with what Tulp estimates as 50 percent of her business drawn from the university.

The pieces are lined up for the creation of a more "college feel" around Regis. Regis and associations such as BRUN are helping to make this a reality.

Women's basketball begins tourney on Wednesday

DENVER, Colo. (Feb. 26, 2006) The Regis University women's basketball team will host Colorado School of Mines in quarterfinal action of the 2006 RMAC Shootout basketball tournament. The Rangers and Orediggers will square off on Wednesday, March 1 at 7:00 pm in the Regis Fieldhouse. During half-time, there will be \$100 worth of Texas Roadhouse gift certificates given away. Everyone is encouraged to come and cheer Regis on as they attempt to defeat the neighboring school to the west. With the season coming to an imminent closing, the Rangers depart with an extraordinary overall record of 24-4, 16-0 for conference games, and 8-4 for non-conference games. With the pending farewell of two seniors, Lindsay Viall and Aiste Sienyte, the Rangers continue to gear up for their game on Wednesday, in hopes to continue RMAC semifinals and finals action.



Photo courtesy of torino2006.org

The closing ceremonies of the 2006 Winter Olympics in Torino, Italy ended the two week games. The closing ceremony featured such musical artists as Ricky Martin, Andrea Bocelli, and Avril Lavigne. The US team finished with 25 medals, just second to Germany, which earned 29 medals.

Final Olympic Standings

Country Medalists	G	S	B	T
Germany	11	12	6	29
United States	9	9	7	25
Canada	7	10	7	24
Austria	9	7	7	23
Russia	8	6	8	22
Norway	2	8	9	19
Sweden	7	2	5	14
Switzerland	5	4	5	14
South Korea	6	3	2	11
Italy	5	0	6	11
China	2	4	5	11
France	3	2	4	9
Netherlands	3	2	4	9
Finland	0	6	3	9
Czech Republic	1	2	1	4
Estonia	3	0	0	3
Croatia	1	2	0	3
Australia	1	0	1	2
Poland	0	1	1	2
Ukraine	0	0	2	2
Japan	1	0	0	1
Belarus	0	1	0	1
Bulgaria	0	1	0	1
Great Britain	0	1	0	1
Slovakia	0	1	0	1
Latvia	0	0	1	1

Women's basketball wins RMAC; Men end season on positive note

Lindsay Viall
Staff Reporter

Women

The Regis University Women's Basketball team finished out the regular season with two road wins over the weekend. Friday night the Rangers defeated Colorado Mines with a score of 75-54. The game proved to be a battle in the first period. The Orediggers used the offensive power of Iva Tomova, who hit five three pointers to give Mines a 33-32 advantage at halftime. In the second half, it was all Regis. Using their offensive punch, the Rangers had a balanced scoring attack behind Senior Lindsay Viall's 17 points. Aiste Slenyte had 16 points with 7 rebounds, five of them being on offense. Diana Lopez had 14 points and Denise Lopez added 11. Breanne Burley added seven points along with great defensive pressure in the second half, which helped lead Regis on to victory.

Saturday was another story of offensive prowess for the Rangers. This time, it was the entire game. Using all 11 healthy players on the bench, Regis used a balanced scoring attack to stomp Colorado Christian 94-47. The Rangers were led by Senior Lindsay Viall who had 20 points, with 18 of them coming from three pointers. Aiste Slenyte added 18 points with her smooth inside game. Freshman Emily Kuipers had 12 points and Chelsie Rademacher contributed 10. The Rangers held the Cougars to just 15 points in the second half.

With the wins, Regis became the RMAC Regular Season Champions for the second year in a row. Regis will now continue their season with RMAC playoffs, starting on Wednesday. The Rangers will face the #8 seed, Colorado Mines on Wednesday at 7pm in the Regis Fieldhouse. The winner goes on to the semifinals in Pueblo, CO and the loser is out.

Men

The Men's basketball team had a tough weekend, but ended it with a victory. In order to make the RMAC playoffs, the Rangers needed two wins. They only got one of those. Friday night against Colorado Mines, the Orediggers proved to be too much for Regis. The first half was controlled mostly by the Rangers. They showed impressive on defense and made many hustle plays. They led the Orediggers 28-26 at the half. However, Mines would prove that they can put the ball in the basket, coming out with 44 points in the second period, outscoring Regis 44-35. Senior Ben Schafer gave his best effort with a team high 16 points. Jay Goral and Brandon Butler each had 11 and Nick Winder chipped in 10. However the four in double figures were not enough to overcome Mines. With the loss, the Rangers' playoff hopes vanished. However, their heart did not.

In their final game of the season, Regis showed that they have the ability and talent to win games. Regis faced Colorado Christian on the road Saturday night. Senior Jay Goral ended his career with 20 points on 8-16 shooting. Seniors Ben Schafer and Jason Deich had added 12 and 10 respectively. Logan Garvin had the high in rebounds for Regis with six. The Rangers out-rebounded CCU and held them to a poor shooting percentage as well. The final outcome was a low scoring 56-51. The win was a great way to end the season for the Rangers.

NCAA March Madness Contest

Watch NCAA March Madness and fill out any NCAA bracket sheet for a chance to win prizes. Write your name and email address on a bracket and submit your picks to the Highlander Office.

Opening Round starts March 14
Submit your picks by March 17

Game Of The Week

Women's Basketball:
Wednesday, March 1
RMAC Shootout
COLORADO MINES
@ 7:00 pm

Women's LAX kicks off season

Erica Easter
Sports Editor

With the cancellation of their first game due to inclement weather, the Regis women's lacrosse team kicked-off their 2006 season this past Sunday against the Colorado Women's Lacrosse Association (CWLA) club team. The home game was unfortunately a loss for the Rangers, with an 11-4 final score. Junior mid Chrissy Yetter scored two goals, and sophomore mid Lillian Yanni recorded a pair of assists. The Rangers will open regular season play at an away game on March 5 against Queens at 2:00 pm.



Photo by Graham Hunt



Photo by Graham Hunt

Women's Lacrosse played this past weekend against CWLA. Their intense struggle ended in a loss for the Rangers. Regular conference play kicks-off March 5.

Women's Lacrosse Schedule

- March 5: at Queens
2:00 pm
- March 6: at Presbyterian
3:00 pm
- March 8: at Limestone
3:30 pm
- March 9: at Lees McRae (at Limestone)
1:00 pm
- March 13: **DREW UNIVERSITY**
4:00pm
- March 19: **CWLA**
10:00 am
- March 29:at Wilmington College
2:30 pm
- March 30: at Philadelphia University
3:00 pm
- April 1: at Pfeiffer (at Maryland AACC Stadium)
6:30 pm
- April 2: at Belmont Abbey (at Maryland AACC Stadium)
12:00 pm
- April 9:**CW POST**
2:00 pm
- April 11:at Denver
5:00 pm
- April 13:**COLORADO COLLEGE**

Player Profile



Dan Propheter

Year: Senior

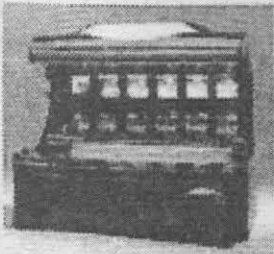
Position: Prop in the game, centerfold on the side.

Greatest moment in your rugby career: Going into the western regional playoffs ranked 7th, and ending up being ranked 6th in the nation.

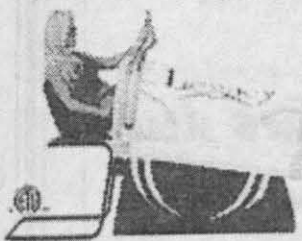
New players to watch out for: We have a lot of strong first year players like Jesse, Chris, and Peter.

Predictions and outlooks for this year's season: Going to the western regional playoffs and taking the championship. Going to the round of eight and then hopefully nationals. Live to play, play to win. MEOW.

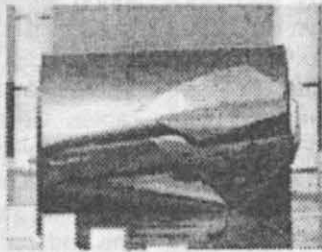
3 Visits And You're Golden Brown!



Omega-3



Leg Tanner



800 XL



Spray Booth

Mon.-Fri. 7am-12pm	1 FREE TAN	NEW	One Month
Early Bird Special	(Any Bed)	800 XL	Tanning!
Regular Bed \$4	Check Out The Best	3 Tans for \$30	Only \$30
SuperSonic \$6	Tanning Salons In The	1 Coupon Per Customer-ID Required	Up To 20 Minutes
Stand Up \$8	City!	Some Restrictions Apply	Some Restrictions Apply-ID Required
Orbit \$10	1 Coupon Per Customer-ID Required	Expires 07-31-05	1 Coupon Per Customer
Spray Booth \$14	Some Restrictions Apply - Expires 07-31-05		Expires 07-31-05

Arvada / Wheat Ridge
64th & Wadsworth
303-423-1139
24 beds NO APPOINTMENTS

Westminster / Broomfield
120th & Sheridan
303-466-8989
24 beds NO APPOINTMENTS

Brand New Store!
Northglenn / Thornton
114th & Washington
303-452-9796
24 Beds NO APPOINTMENTS

2nd Annual Sock Hop

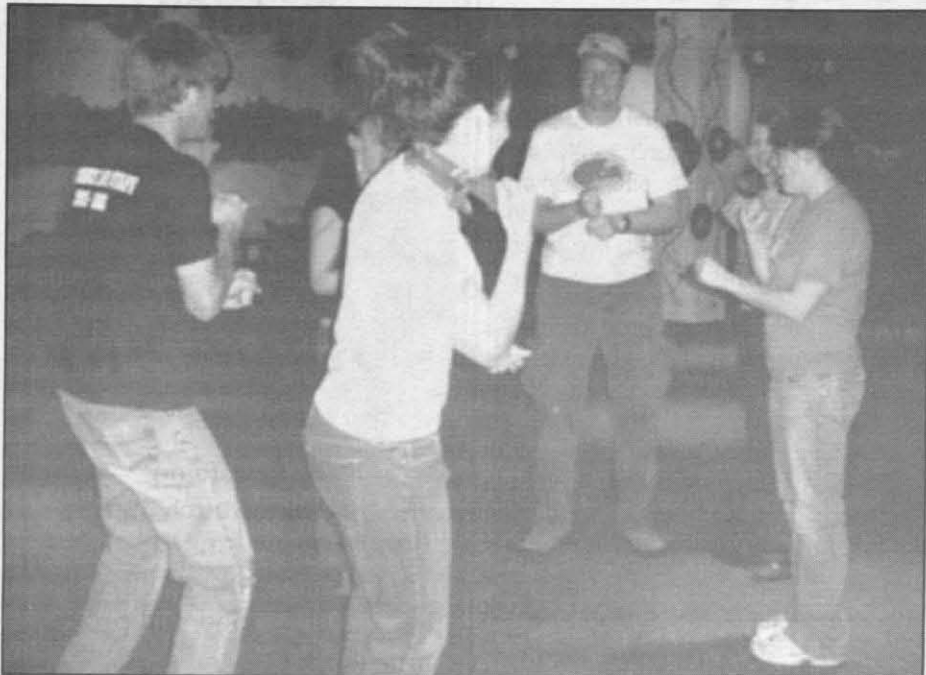


Photo by Alyse Warner

In the dining hall this past Sunday, the Residence Hall Association hosted the second annual Sock Hop. Students took advantage of the 1950s inspired music by hitting the dance floor and enjoying dinner fare.

Huki Lau brings Hawaii to Regis



Photo by Maricor Coquia

Highlander Staff

Last Tuesday, the Asian Pacific American Association (APAA) and CHOICES sponsored Regis Huki Lau, a luau kicking off National Spring Break Week. Held in the Student Center, dinner was accompanied by a Polynesian dance group, Fia Fia, who performed a number of traditional Tahitian, Hawaiian, and Samoan dances.

"It was really successful," said

APAA member Kyle Hudencial.

The luau sought to remind students to have responsible fun during their spring break. Two ski passes and a bowling pass were offered as main raffle prizes, while smoothies with an umbrella added a unique island touch. Tables were decorated with festive pineapple drink bottles, confetti, and mini starfishes. The event also aimed to remind students of the many different and safe alternatives for having fun on spring break.



Photo by Maricor Coquia

What's Bugging Tammy?

Tamara Hackfort
Contributing
Columnist



It constantly amazes me how people feel the need to act out every movie that they have ever seen about college. The quad is a staple to this kind of behavior. The weather this week has been beautiful. Lots of sun and mild winds have made the last week in February not only bearable but pleasant. This morning it wasn't 10:30 before I saw the first guitar bearing scholars hit the grass. Not marijuana, the quad. Like a fat kid to a cheeseburger, the quad was instantly spackled with various groups of people enjoying the sun filled morning.

In September, low seventies is an excuse to wear that cute new sweater your mom bought you over fall break but in February, ironically, high sixties is all it takes to whip out last season's bikini and catch some rays. The idea of lying down in dead grass is less than appealing to me. Inevitably these barely dressed freshman (and they always are freshman) start to complain about the stares they are getting, "Like oh-my-gosh, its like they've never seen a girl before" (insert your own valley voice). Duh. Put some clothes on and maybe people won't stare as they bustle off to class. As with any episode of *Saved by the Bell: The*

College Years, the boys are outside in minutes playing a 'random' game of catch-the-football or Frisbee. You know the story: ball/Frisbee/card-board-box -found-in-desperation-to-get-outside knocks over girl's soda, girl squeals, they are cuddle buddies by the end of the week. And so we have the drama of coeds. This sacred tradition I will not critic or laugh about. I do, however, intend to poke endless fun at the people doing this in February. It is ridiculous.

Put your bikini and mini skirt in your suitcase until you are in Cancun next week. Seriously, its midterms. Not to mention that it will be snowing again by the weekend and everyone will be sick for the break. I predict that by the middle of March an epidemic will have hit the residence halls that will spread like wildfire until there is no classroom, no office, no computer terminal not touched by the runny-nosed plague. Plus, you are not scoring points with your professors who are ill-temperedly watching your behavior from Carroll Hall, the Science Building, or the Library knowing that your essay on the political ramifications of the cold war is already two weeks overdue. Try enjoying a tee shirt, maybe some flip flops (if you are feeling lucky) but please resist the temptation to expose your midriff—at least for a little while longer. Have a fun and safe spring break everyone.

The Regis Reel Review

**2nd Annual
Film Festival
Open to stu-
dents, faculty,
and staff.**

**Films are due
on
March 3rd.**

**The review will
be held on
March 23rd.**

**Contact x3505
for more
information**

The 2nd
Regis University-
Berkeley
Neighborhood
Dialogue

Thursday, March 2
at 7:00 p.m.
in Main Hall, room
333.

Come share and lis-
ten to perspectives
about the relation-
ship of the Regis
community and the
Berkeley
Neighborhood.

Dessert and bever-
ages will
be provided.

A word with...

Stevie Starr, the Regurgitator

1. How many flights have you been on? In the past 3 1/2 years I have been on 860 flights. 200 of those flights are American.

2. How much pop do you drink in a day? Probably about eight liters of diet coke.

3. How do you swallow the smoke and then separate it from the butane? Well I swallow the smoke I just put it in my esophagus. I got control to open and close the esophagus. It's like people who swallow air and burp. It's in the same place. It's where the smoke goes, except I have control.

4. How many languages do you speak? Five or six. It's like in Europe most people will know five or six languages cause there all so close together.



Photo by Amy Noyes

This past Thursday, Stevie Starr entertained students by swallowing and then regurgitating various objects, including butane gas.

6. Have you broken any records? In the Guinness World of records in Los Angeles I swallowed 10 1/2 dollars and each one had a different date on it. I had to bring back the date of each coin they asked for. As long as I can memorize them before I swallow them I've got control to select which one. The other thing I got was for Ripley's believe it or not. I had to swallow seven glass eyes and behind each eye was a different letter and had to bring them back in the alphabetical order spelling Ripley's and there where all different size and shapes. It took me about a month to do it. I had to get this right because it was live and I couldn't really screw it up.



5. Have you ever had anything go wrong? Never, nothing has ever gone wrong, always a hundred percent confident.

7. Health wise what has been said about your talent? I don't really eat food you never get me sitting down eating a proper meal I live mostly on crap food like the Atkins diet. I've been on since I was a little kid to saw we live on diet coke and millions of candy. I've never been sick a day in my life. I wouldn't even know what it's like to get a headache. I really don't know what it is all these people who live on these rules what's good for you and what's bad for you, and I don't believe in it. Here's me doing the total opposite of what your supposed to do and all those people who I know who are on these good food things are the ones who end up ill or having problems health wise and I don't seem to get anything wrong. I've been swallowing butane gas for 20 years and my doctor said keep on doing it.

8. What is your favorite Color? em. I don't actually know. I would say blue. I like the sky and I probably spend more time up there then down here.



RUSGA POKER TOURNEY!!!

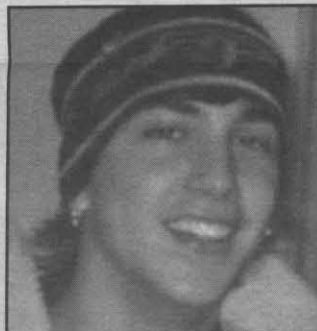
In the cafe on
Thursday, March 2nd,
starting at 10 p.m.

There will be food and prizes.

(Prizes are TBD, but they'll be big and there will be a lot of them.)



DJ SPOTLIGHT



Danny Torman

1. Name of show: Power hour
2. Dj name: Debo
3. Hobbies outside of radio: snow-boarding
4. If you could be an animal what would you be and why? A hawk because then I could fly.
5. Cereal of choice? Count Chocula
6. If you had a fish what would you name it? George
7. What kind of music do you listen to? Hip hop
8. Favorite color? Blue
9. If you could get a dream band to come to the campus who would it be? Bob Marley and The Wailers

Music

Department

Spring Concert

Series

Upcoming Concerts:

Wednesday, March 15: Guest Artist Series, Claudia Stevens, *An Evening With Madame F*

Wednesday, April 5: Music Minor Recital, Bethany Busse, Piano

Tuesday, April 11: Voice Recital, Emily Manion

Monday, April 17: Student Voice Recitals, featuring students of Rebecca Koenigberg and Barb Wollan

Wednesday, April 19: Collegium Musicum, Mark Davenport, director

Friday, April 21: Guitar Ensemble and Soloists, James Cline, director

Monday, April 24: University and Concert Choirs, Barb Wollen, director

Tuesday, April 25: Jazz Ensemble, Bill Wilkinson, director

Wednesday, April 26: Student Chamber Ensemble, Leslie Sawyer, director

Thursday, April 27: Student Piano Recital, featuring students of Irina Albog and Nan Shannon

National Jesuit Collegiate eFair!



Brown College
Catholic College
College of the Holy Cross
Creighton University
Fordham University
Graceland University
Le Moyne College
Loyola College in Maryland
Loyola University New Orleans
Marquette University
Regis University
St. Joseph's University
St. Louis University
The University of Scranton
Xavier University

View hundreds of local and national opportunities from your desktop 14/9

Apply for jobs and internships online.

Benefit from it. Jesuit never works together for you!

Starting at 11 AM
March 23rd

Register and upload your resume on a website for the event by visiting <http://www.njcfa.com>

Campus Events

Wednesday, March 1	Ash Wednesday / Pilgrim Chapel 8, 11:30, 5, 8:30p Violence Goes to College applications due Leadership Studies minor applications due
Thursday, March 2	SharePoint training / Carroll Hall 010 2:00 pm AMANI meeting / Aspen Room 5:00 pm
Friday, March 3	Regis Reel Review deadline / Student Activities Study Abroad applications due / Loyola 12 SharePoint training / Carroll Hall 010 2:00 pm
March 6-10	Spring Break - No Classes
Wednesday, March 8	Fr. Greg Boyle luncheon / Dining Hall 11:45 am Self-management training / West Hall 12:30 pm
Thursday, March 9	Self-management training / West Hall 8:30 am SharePoint training / Carroll Hall 010 2:00 pm

Ranger Athletics

WOMEN'S BASKETBALL

March 1	College School of Mines	7:00 pm
Mar. 4-5	RMAC Shootout Semifinals & Finals	TBA
Mar. 10-11, 13	NCAA II North Central Regionals	TBA

BASEBALL

March 4-12	at Gene Cusic Classic (Fort Myers, Florida)	
March 17	Mesa State	3:30 pm

SOFTBALL

March 4	New Mexico Highlands University (DH)	noon
March 5	New Mexico Highlands University (DH)	11:00 am
March 7	at Angelo State University (DH)	1:00 pm
March 8	St. Mary's University (DH)	3:00 pm
March 10-12	St. Edward's Univ. Hilltopper Classic	TBA

WOMEN'S LACROSSE

March 5	at Queens	2:00 pm
March 6	at Presbyterian	3:00 pm
March 8	at Limestone	3:30 pm
March 9	at Lee's McRae (Limestone)	1:00 pm
March 13	Drew University	4:00 pm

Around Town

ARTS & CULTURE

March 1-2	The Human Body / Phipps IMAX Theatre 39 Pounds of Love / Starz Film Center Imagine Me & You / Starz Film Center Manderlay / Starz Film Center
March 1-3	Denver Restaurant Week 11:59 / Starz Film Center
March 1-5	The Boyfriend / Temple Buell Theatre
March 1-9	Mystic India / Phipps IMAX Theatre
March 1-11	Jesus Hates Me / Ricketson Theatre
March 1-31	Heaven and Home / Denver Art Museum
March 1-April 29	The Patsy Decline Show / Clocktower Cabaret
March 1-May 5	Alexander, Who's Not Going To Move / Arvada
March 1-May 21	The Second City: Red Scare / Gardner Galleria
March 1-May 28	See Into Liquid / Museum of Contemporary Art
March 3-9	Oscar Shorts / Starz Film Center Trudell / Starz Film Center
March 4-April 1	Choreographer's Showcase / Ellie Caulkins
March 4-April 2	Colorado Ballet: Cindarella / Ellie Caulkins

CONCERTS

February 28	Matisyahu / Paramount Theatre	8:00 pm
March 2-4	Robert Schimmel / Comedy Works	various
March 8, 9, 11	Chuck Roy / Comedy Works	various
March 10-11	Kevin Nealon / Comedy Works	various

PROFESSIONAL SPORTS

March 1	Detroit Pistons at Denver Nuggets	7:00 pm
March 2	Columbus Bluejackets at Colorado Avs	7:00 pm
March 3	Edmonton Rush at Colorado Mammoth	7:00 pm
March 4	Orlando Magic at Denver Nuggets	7:00 pm
March 5	Grand Rapids Rampage at CO Crush	12:45 pm
March 6	Memphis Grizzlies at Denver Nuggets	7:00 pm

Classifieds

WAITRESS NEEDED
for newly remodeled tavern
on weekends and special events.
Call: 720-298-6547

Part-Time Nanny Needed

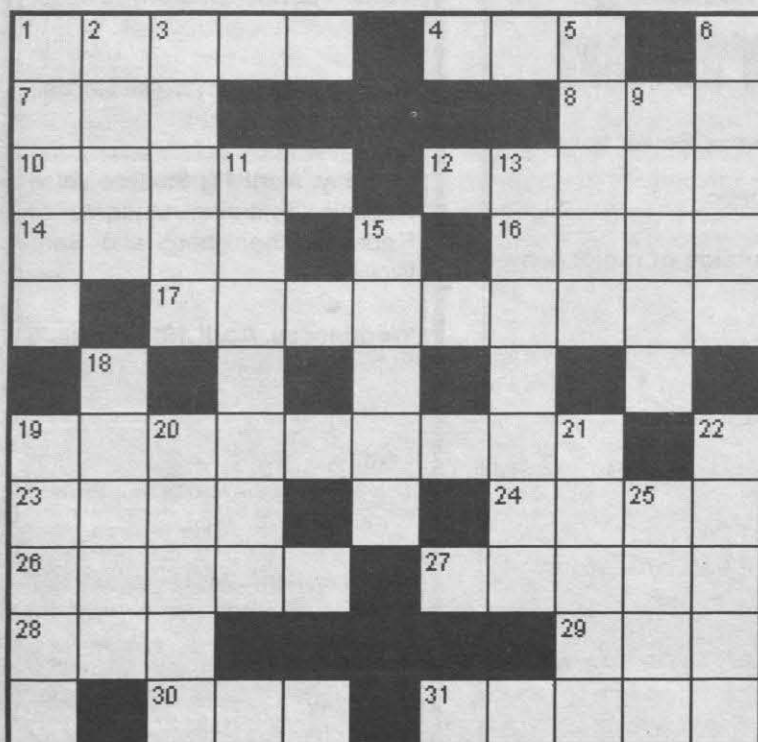
Contact the *Highlander* for further
information

YOU'RE INVITED!!

Where: Kairos XV
When: March 24-26
RSVP by March 3

Registration available outside the
Office of University Ministry

Break Time



Across

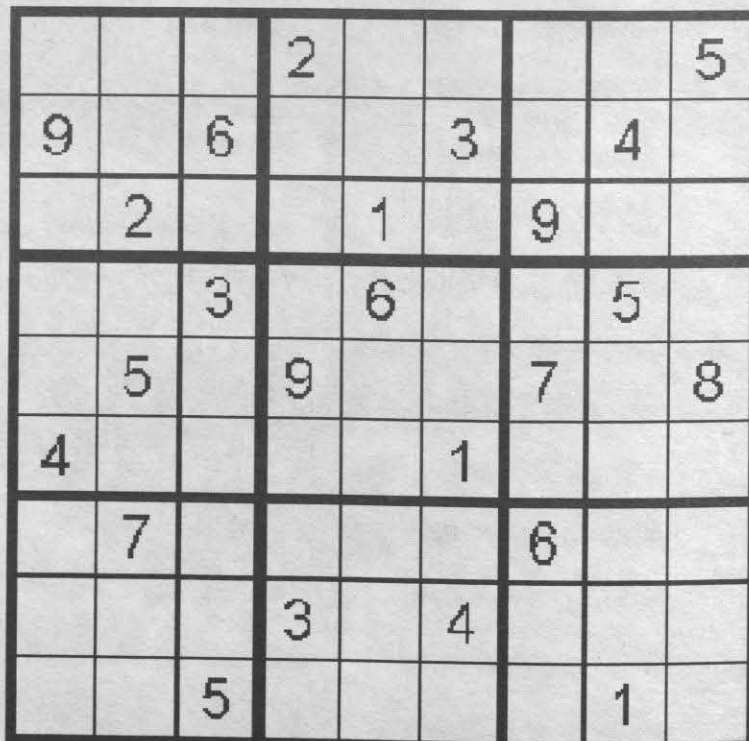
- | | |
|----------------------------|------------------------|
| 1. One who shapes metal | 19. Not quite fluid |
| 4. Exclamation of surprise | 23. Crocodile |
| 7. Masculine pronoun | 24. Starchy food grain |
| 8. Self-esteem | 26. Perch |
| 10. Saint | 27. Spanish Mister |
| 12. Bundles | 28. Find the sum of |
| 14. Lower parts | 29. Deity |
| 16. Thick slice | 30. Evergreen tree |
| 17. Sleeping room | 31. Halts |

Down

1. Beam of light
2. Unit of distance
3. Set securely
5. Greeting
6. Comedian Bill
9. Toothed wheels
11. Study of atoms
13. U.S. dancer and actor
15. Look happy
18. Biblical king
19. Go away
20. Given to moods
21. Wild dog of Australia
22. Groups of animals
25. Poultry enclosure

Sudoku

Enter digits from 1 to 9 into the blank spaces. Every row and column must contain one of each digit, as does every 3x3 square.



Solutions for this week's crossword and Sudoku puzzles can be found at www.regishighlander.com